



FUTUREGOALS

Remote

Extra activity guidance

Our way of living, learning and progressing has changed quite a lot recently. Now, more than ever, it's important to continue to develop key skills and expand learning. Communication skills are something that staff and students focus on daily at school. By not being at school, it's never been more important to keep developing these skills.

FutureGoals Remote tests communication and planning skills, helping to prepare for future learning and career choices. Students will undertake activities that will help them to problem solve, be more creative and innovative and have a better understanding of where these skills are used in various careers.

Resource 2: **Create it! – Joining the dots**

This second resource focuses on reflection, problem solving and research skills.

The Challenge:

Create it! aims to support students in evaluating their personal skills and attributing these to future career options.

To begin with, students should spend time understanding the meaning of each top key skill, from verbal communication to time management. It's important that they understand these skills in order to successfully progress through the activity. Students are then introduced to these key skills through an inspiration film that showcases different skills in action and various activities that might appeal to students.

Step 1: Skills map

In order to quickly evaluate their own skills, students will rank themselves out of 8 based on how confident they feel about each key skill. This task should leave them with a clearer idea of the areas that will require more attention. If students are working with a printed version, they can join up the dots.

Step 2: Interests and values

For this stage, students need to think about themselves and their values. They should answer each question provided, thinking about their school experience and socialising choices. This will start to form a better picture of the type of career that might be right for them.

Step 3: Stop, think and reflect

Students should now pause and look more closely at the answers they gave. This task is centred around their hopes, dreams, likes and dislikes.

The various questions do not necessarily need to be answered in writing, they can simply act as thinking points.

Step 4: Opportunities

This is where research comes into play. Now that students understand their skillset and interests a bit more, they should spend time researching a wide variety of career options and settling on **three** that spark their interest (there are website links to use for this research).

- Once they have chosen three careers they need to make a note of the **three top skills** needed when applying for the roles.
- Finally, they should look back at step 1 (Skills map), identify the skills they have just made a note of and add their ranking score to the Opportunities plan (page 7).

This should enable them to see, for the job roles they selected, which skills are the most important and which of these skills they need to improve on in order to achieve that career.

Step 5: Connecting the dots

It's now time to bring everything together. Students should now make a note of the skill that they need to focus on in order to successfully progress towards a career that interests them. Using the 'Skill Activity Inspiration' page, students should come up with ways that they can perfect their least confident skill.

Step 6: One week to make an impact

Students should have, by this point, established quite a bit about themselves.

- They have reflected on their own abilities, interests, values and weaknesses.
- Researched three careers that interest them and made a note of the key skills needed.
- Established practical ways that will help them improve their lowest ranked key skill.

It's now time for students to create a week-long plan that gives them a range of activities to improve their chosen key skill. Each day should contain an activity and a brief reflection.

Planning for the future

Now that they have a better understanding of who they are, what they like and where they see themselves in the future, it's time to plan. Various links are provided for university and college websites, as well as links to apprenticeship options. In this final step, students should plan their next steps. What do they need to study or do in order to achieve their chosen job or career sector?